

Reflex Wave

Foot Massager

by Clark™



*Catch the wave
to happy, relaxed feet*

OWNER'S MANUAL

Important

Read these instructions carefully before using the massager. They contain important safety precautions, as well as information on proper usage.

Thank you for your recent purchase of the Reflex Wave Foot Massager by Clark™. The Reflex Wave Foot Massager by Clark™ is specially designed and equipped with unique knuckle type rollers that massage the reflex points on the bottom of the feet. In addition, the Reflex Wave Foot Massager by Clark™ has an adjustable kneading action that massages both sides of the feet.

The lightweight design of the Reflex Wave Foot Massager by Clark™ allows for ease of use and portability so you can enjoy a relaxing foot massage whenever you want, in the comfort of your home or office.

All Clark built machines are manufactured to ISO-9001 certification, one of the highest standards in manufacturing. The Reflex Wave Foot Massager by Clark™ is approved by the Electronic Testing Laboratories (ETL), which insures you a safe and quality product. This Internationally recognized seal of Quality and Safety is granted only after rigorous testing with regard to North American set regulations and specifications for electrical products.

Dual Rolling and Kneading action to simulate the art of Reflexology

12-Speed operation

2 Pre-programmed settings

15 and 20 minute timer with safety shut-off

Convenient, toe touch controls

Ultimate in foot reflexology

Adjustable “wave action” gently massages the sides of the foot



Operating Instructions

Read all instructions carefully before using the Reflex Wave Foot Massager by Clark™. When using any electrical appliance, basic precautions should always be followed.

1. Insert the power cord's plug into a 3-prong grounded electric outlet. There will be a beeping sound when the unit is plugged in. This is normal.
2. Place the unit on the floor directly in front of where you will be sitting as shown in the above picture. (Do not use in the standing position.)
3. Turn the unit on by pressing the “power” button **twice**. The unit will automatically start on speed 1 and will be set for 15 minutes. Press “power” button again to set timer for 20 minutes. Adjust for desired speed of the knuckle type rollers by pressing the “fast” or “slow” buttons. It is recommended that the unit be operated first at the slowest speed, then gradually increase the rotation speed as desired.
4. Position both feet on the unit as shown in the above photo. You may want to wear socks or place a towel over the unit to cushion the effects of the rollers. Gradually slide your feet forward to massage the arch and heel of the foot. Slide your feet back to massage the balls and toes of the foot. Repeat procedure as needed.

Adjustable Rotation

To adjust the desired direction for the rotation of the rollers, press the “FWD/REV” button. “FWD” represents the forward motion of the rollers and “REV” represents the reverse motion of the rollers.

Adjustable Kneading Action

Place one foot in the center of the machine to experience the kneading action. This kneading action massages the sides of the foot and will only accommodate one foot at a time.

You can adjust the desired width of the kneading action by pressing and holding the “WIDE” or “NARROW” buttons. When adjusting the width, you can follow the width indicator at the top of the unit. Do not adjust the width of the kneading action with your foot on the machine. First adjust the width and then place your foot on the machine.

Pre-Programmed Settings

The Reflex Wave Foot Massager by Clark™ is pre-programmed with 2 settings. The program button activates the auto programs. By pressing the program button once, the LED indicator shows “P1”. This session runs approximately 15 minutes. Approximately every 15 seconds the rotation of the knuckle type rollers changes automatically as the speed gradually increases to the highest speed and then shuts off.

By pressing the program button twice, the LED indicator shows “P2”. This session runs approximately 15 minutes. Approximately every 15 seconds the rotation of the knuckle type rollers change automatically. The speed increases approximately every minute until it gets to the highest speed and then approximately every minute the speed decreases until it gets to the lowest speed and then shuts off.

- Adjustable kneading action massages the sides of the foot and can accommodate most foot sizes.
- Unique knuckle type rollers designed to reach the reflex points on the feet.



- Push Button Controls

*Unit shown with protective cover removed for illustration purposes only.
Do not use the machine without the protective fabric cover.*

Care and Cleaning

To clean the fabric cover, simply dampen the surface with liquid soap and scrub gently. Wipe off with a damp cloth. The fabric may also be removed and washed on delicate cycle. Do not put the fabric in a dryer. Lay fabric flat to air dry.

To clean the main body of the unit, use lukewarm water and mild soap on a soft cloth or sponge. Rinse off with a cloth dampened with water. Do not use benzene, thinner or other solvents.

Precautions for Use

To prevent injury, risk of burns, fire, and electric shock, the following precautions should be taken:

- After each use, be sure to turn the unit off.
- Remove the AC power cord from the electrical outlet if the machine will be unattended for a few days.
- Do not operate the massager if the insulation on the AC power cord is damaged or torn.
- Avoid storage of unit in an area with excessive heat or humidity.
- Do not attempt to disassemble the unit for repair. Any unauthorized repairs of your massager will void the manufacturer warranty.
- Close supervision is recommended for children or persons with certain disabilities while using this massager.
- Do not use the massager if you have had a recent foot injury or foot surgery. Please consult with your physician first.
- Do not drop or place excessive weight on the massager. Damage caused by abuse due to excessive weight being placed on the massager is not covered under the warranty.* Damage caused to the unit by using it as a back massager will void the warranty* due to the user weight limit on the unit.

*For further warranty information, refer to the warranty card packaged with each unit.

Noise

Due to the large gears and DC motor that drives the roller mechanism, it is normal for the unit to make somewhat of a “whining” or “growling” sound. This noise may be more noticeable when the machine is operating in the reverse direction than in the forward direction.

- Protective plastic covering on the control panel can be peeled off at customers' discretion.

- Width indicator

- **Wide/Narrow**

—Press and hold to widen or narrow the kneading action until the desired width is reached.

- **Fast/Slow**

—Press to select desired speed.

- **Program**—Press to select P1 or P2 pre-programmed settings.

- **FWD/REV**—Press to change the direction of rotation manually.

- **Power**—Press **twice** to turn the machine on. Press once to turn the machine off.



Visual Step-by-Step Procedure for Installing Replacement Fabric

Please refer to page 4 for care and cleaning information.



1



4



2



5



3



6



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8



12



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Reflex Wave Foot Massager by Clark™ Specifications

ISO-9001 CERTIFIED



Power Source

AC 120V, 60Hz

Motor

DC

Power Consumption

30 Watts

Timer (approx.)

15 and 20 Minutes

User Weight Limit

Feet and Legs 35 lbs.

Dimensions WxDxH (approx.)

17¾" x 11" x 5½"

Weight

9 lbs.

Power Cord Length (approx.)

7'6"

ETL Approval (Electronic Testing Laboratories)

Ensures you of a safe and quality product. This Internationally recognized seal of Quality and Safety is granted only after rigorous testing with regard to North American set regulations and specifications for electrical products.

Specifications subject to change without notice.



The helping people feel better company

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