Cleanse AM

Supplement Facts
Serving Size: 2 tablets
Servings Per Container: 60

	Amount Per Serving
Butternut bark	200 mg*
Cranberry fruit extract	200 mg*
Sodium alginate	50 mg*
Multi Fiber Blend:	500 mg*
Vegetable cellulose, beet root, carrot root, oat fiber, and apple and citrus pectins	
Sprouted Greens Blend:	200 mg*
Alfalfa greens (leaf), barley grass (aerial parts), oat straw, wheat grass (aerial parts),	
broccoli sprout extract	
Cleansing Blend:	200 mg*
Licorice root extract (13% glycyrrhizin), rhubarb root, areca seed, lemon verbena (aerial	
parts), cinnamon bark, grapefruit seed, lycium bark, magnolia bark, mume fruit,	
wormwood seed, coptis rhizome, platycodon root, schizandra berry, black walnut hulls	
* Daily value not established.	

Other ingredients: Dicalcium phosphate, croscarmellose sodium, stearic acid, silica, magnesium stearate, and pharmaceutical glaze.

Restore PM

Supplement Facts
Serving Size: 2 Tablets
Servings Per Container: 60

	Amount Per Serving
Water Balance Blend:	300 mg*
Buchu leaf, cornsilk stylus, couchgrass rhizome, hydrangea root, juniper berry and uva ursi leaf	
Liver Support Blend:	150 mg*
Milk thistle seed, licorice root standardized extract (13% glycyrrhizin), dandelion root, artichoke leaf extract, black chokeberry extract, and lycium berry	_
Relaxing Herbal Blend:	100 mg*
Valerian root, chamomile flower, hops strobile, passionflower extract (whole plant), and	
Polynesian kava root	
Plant-Source Digestive Enzymes	100 mg*
Papain, acid protease, amylase, cellulase, glucoamylase, lactase, lipase and neutral	
protease	
Prebiotic Blend:	250 mg*
Inulin (fructo-oligosaccharide extract of chicory root) and Dahlulin (fructo-oligosaccharides	
from dahlia tuber and chicory root)	
Probiotic Blend:	200 million CFU*
Lactospore® (encapsulated Lactobacillus sporogenes),	
Lactobacillus acidophilus, Lactobacillus plantarum, Bifidobacterium bifidum and	
Lactobacillus casei	
* Daily value not established.	
Daily value not established.	

Other ingredients: Dicalcium phosphate, microcrystalline cellulose, croscarmellose sodium, stearic acid, silica, magnesium stearate and pharmaceutical glaze.

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