Supplement Facts

Serving Size: 1 tablet

	Amount Per Serving	V
Vitamin B ₆ (as pyridoxine HCI)	2 mg	100
Iodine (from kelp) (Ascophyllum nodosum)	50 mcg	33
Chromium (as chromium picolinate)	100 mcg	83
Green tea leaf extract (40 mg caffeine)	200 mg	*
Trace mineral concentrate (from montmorillonite)	100 mg	*
Mahuang herb extract (12 mg ephedrine alkaloids)(aerial parts)	150 mg	*
Lipotropic Blend:	150 mg	*
Lecithin, DL-methionine, choline bitartrate, inositol, and L-carnitine-L-tartrate	-	
Thyroid Support Blend:	100 mg	*
Bladderwrack kelp, guggul standardized extract (2.5% guggul sterones from <i>Commiphora mukul</i> resin), Atlantic kelp, and sargassi seaweed		
Neutralizer Blend:	25 mg	*
Anise seed, black pepper, fennel seed, ginger root, and long pepper	-	

* Daily value (DV) not established.

Other ingredients: Dicalcium phosphate, microcrystalline cellulose, croscarmellose sodium, stearic acid, silica, magnesium stearate, and pharmaceutical glaze.

Chromium picolinate is protected by US patent #'s: 5,087,623; 5,087,624; and 5,175,156.

†*****The following warning is provided as a courtesy and is not a substitution for legal counsel. This warning may not satisfy all state regulations regarding ephedrine containing products. Please discuss with your legal counsel.****

Warning: Not for use by persons under 18 years of age or by pregnant or nursing women. Consult a qualified health care practitioner prior to use if you or anyone in your family has high blood pressure, heart or thyroid disease, diabetes, difficulty in urination, prostate enlargement, recurrent headaches, glaucoma, seizures, depression or other psychiatric condition, or if you are taking a MAO inhibitor, or any other dietary supplement, prescription or OTC drug containing ephedrine, pseudoephedrine or phenylpropanolamine (may be found in allergy, asthma, cough/cold, and weight control products). Exceeding the recommended serving size or consuming with caffeine may cause serious health effects including heart attack and stroke. Discontinue use and call a licensed health care professional immediately if you experience rapid heartbeat, dizziness, severe headache, shortness of breath, nervousness, tremor, sleeplessness, loss of appetite, nausea or other similar symptoms. The maximum recommended dosage of ephedrine for a healthy adult human is no more than 100 mg in a 24 hour period for not more than 12 weeks. Report any adverse effects to the Food and Drug Administration Medwatch number: 800-332-1088. KEEP OUT OF REACH OF CHILDREN.