

Kneading Roller 2000 Elite™

OWNER'S MANUAL



Important

Read these instructions carefully before using the massager. They contain important safety precautions, as well as information on proper usage.

Thank you for your recent purchase of the Kneading Roller 2000 Elite™. The Kneading Roller 2000 Elite™ is a specially designed massager equipped with unique knuckle type rollers designed to reach the reflex points on the bottom of the feet. In addition, the Kneading Roller 2000 Elite™ has an adjustable kneading action that massages both sides of the feet.

The lightweight design of the Kneading Roller 2000 Elite™ allows for ease of use and portability. This allows you to enjoy a relaxing foot massage whenever you want, in the comfort of your home or office.

All Clark built machines are manufactured to ISO-9001 certification, one of the highest standards in manufacturing. The Kneading Roller 2000 Elite™ is ETL approved, which also insures you a safe and quality product. This Internationally recognized seal of Quality and Safety is granted only after rigorous testing with regard to North American set regulations and specifications for electrical products.



Operating Instructions

Read all instructions carefully before using the Kneading Roller 2000 Elite™. When using any electrical appliance, basic precautions should always be followed.

1. Insert the power cord's plug into a 3-prong grounded electric outlet. There will be a beeping sound when the unit is plugged in. This is normal.
2. Place the unit on the floor directly in front of where you will be sitting as shown in the above picture. (Do not use in the standing position.)
3. Turn the unit on by pressing the "on/off" button once. The unit will automatically start on speed 1. Immediately press and hold the "fast" button until the fastest speed is reached. Run the machine for approximately 2 minutes. Then press and hold the "slow" button to get back to speed 1. This procedure only needs to be done before using the machine for the first time as it allows the unit to stabilize after transit. Now, adjust the users desired speed of the knuckle type rollers by pressing the "fast" or "slow" buttons. It is recommended that the unit be operated first at the slowest speed, then gradually increase the rotation speed as desired.
4. Position both feet on the unit as shown in the above photo. You may want to wear socks or place a towel over the unit to cushion the effects of the rollers. Gradually slide your feet forward to massage the arch and heel of the foot. Slide your feet back to massage the balls and toes of the foot. Repeat procedure as needed.

Adjustable Rotation

To adjust the desired direction for the rotation of the rollers, press the "FWD/REV" button. "FWD" represents the forward motion of the rollers and "REV" represents the reverse motion of the rollers.

Adjustable Kneading Action

Place one foot in the center of the machine to experience the kneading action. This kneading action massages the sides of the foot and will only accommodate one foot at a time.

You can adjust the desired width of the kneading action by pressing and holding the “WIDE” or “NARROW” buttons. When adjusting the width, you can follow the width indicator at the top of the unit (above the “WIDE” button). Do not adjust the width of the kneading action with your foot on the machine. First adjust the width and then place your foot on the machine.

Pre-Programmed Settings

The Kneading Roller 2000 Elite™ is pre-programmed with 2 settings. The “P1/P2 Auto” button activates the auto programs. By pressing the “P1/P2 Auto” button once, the left upper LED light turns green and the “P1” auto program is activated. This session runs approximately 15 minutes. Approximately every 15 seconds the rotation of the knuckle type rollers changes automatically as the speed gradually increases to the highest speed and then shuts off.

By pressing the “P1/P2 Auto” button twice, the left upper LED light turns red and the “P2” auto program is activated. This session runs approximately 15 minutes. Approximately every 15 seconds the rotation of the knuckle type rollers change automatically. The speed increases approximately every minute until it gets to the highest speed and than approximately every minute the speed decreases until it gets to the lowest speed and then shuts off.

- Adjustable kneading action massages the sides of the foot and can accommodate most foot sizes.
- Unique knuckle type rollers designed to reach the reflex points on the feet.

- Push Button Controls



Unit shown with protective cover removed for illustration purposes only.

Do not use the machine without the protective fabric cover.

Care and Cleaning

To clean the fabric cover, simply dampen the surface with liquid soap and scrub gently. Wipe off with a damp cloth. The fabric may also be removed and washed on delicate cycle. Do not put the fabric in a dryer. Lay fabric flat to air dry.

To clean the main body of the unit, use lukewarm water and mild soap on a soft cloth or sponge. Rinse off with a cloth dampened with water. Do not use benzene, thinner or other solvents.

Precautions For Use

To prevent injury, risk of burns, fire, and electric shock, the following precautions should be followed:

- After each use, be sure to turn the unit off and remove the AC power cord from the electric outlet.
- Do not operate the massager if the insulation on the AC power cord is damaged or torn.
- Do not use for more than 30 continuous minutes or 15 minutes on any one area of the body.
- Avoid storage of unit in an area with excessive heat or humidity.
- Do not attempt to disassemble the unit for repair. Any unauthorized repairs of your massager will void the manufacturer warranty.
- Close supervision is recommended if handicapped or disabled persons are to use this massager.
- Do not use the massager if you have had a recent injury requiring major surgery. Please consult with your physician first.
- Use by children should be supervised.
- Do not drop or place excessive weight on the massager. Damage caused by abuse due to excessive weight being placed on the massager is not covered under the warranty.* Damage caused to the unit by using it as a back massager will void the warranty* due to the user weight limit on the unit.

*For further warranty information, refer to the warranty card packaged with each unit.

- **Wide/Narrow**
—Press and hold to widen or narrow the kneading action until the desired width is reached.

• Width indicator

• Removable protective plastic covering can be peeled off.

- **Fast/Slow**
—Press to select desired speed.

• Speed indicator lights change in 2 speed increments.

- **P1/P2 Auto**—Press to select pre-programmed settings.

- **FWD/REV**—Press to change the direction of rotation manually.

- **ON/OFF**—Press to turn the machine on or off.

Visual Step-by-Step Procedure for Changing Fabric



1



5



2



6



3



7



4



8



9



13



10



14



11



15



12



16

Kneading Roller 2000 Elite™ Specifications

ISO-9001 CERTIFIED



Power Source

AC 120V, 60Hz

Motor

DC

Power Consumption

30 Watts

Timer (approx.)

15 Minutes

User Weight Limit

Feet and Legs 35 lbs.

Dimensions WxDxH (approx.)

16⁵/₈" x 11¹/₄" x 6"

Weight

10 lbs.

Power Cord Length (approx.)

7'6"

ETL Approval

Ensures you of a safe and quality product. This Internationally recognized seal of Quality and Safety is granted only after rigorous testing with regard to North American set regulations and specifications for electrical products.

Specifications subject to change without notice.



The helping people feel better company

240 Berg Road, Salina, KS 67401 • 1-785-825-7172 • 1-800-748-7172
Office hours 8:30 a.m.–5:30 p.m. CST Monday–Friday

© Copyright 2008 Clark Enterprises

Serving the Public Since 1959

CE-1019

